

## DIAGNOSTIC CRITERIA

### Neurofibromatosis Type 1 (Nf1)

There are diagnostic criteria for Nf1 that require at least two of seven criteria. Some of these do not appear until later childhood or adolescence, and so confirmation of the diagnosis may be delayed, and children should be followed up.

- A least six café au lait spots or hyperpigmented macules. They must be at least 5mm wide in children under 10, and 15mm in adults
- Axillary or inguinal freckles
- Two or more typical neurofibromas or one plexiform neurofibroma
- Optic nerve glioma
- Two or more iris hamartomas (Lisch nodules)
- Sphenoid dysplasia or typical long-bone abnormalities such as arthrosis
- Having a first degree relative with Nf1

**NF1 CAN ONLY BE DIAGNOSED BY A DOCTOR**