

## NEUOFIBROMATOSIS TYPE1 – HOMEWORK

Many parents find homework time extremely stressful for both themselves and the Nf1 child. This can then impact on the family as a whole.

A child who has struggled to “hold it together” at school all day may go into meltdown when asked to start further learning at home.

The child may have no memory of what was taught in class earlier in the day.

1 in 4 children with Nf1 also have ASD, and many more have autistic traits and behaviours associated with the condition. They may feel home is their “safe place” and be unable to understand why lessons are being continued there.

### HOW CAN YOU HELP?

- Is homework strictly necessary?
- Is there a homework class the child could attend?
- Discuss with the parent/s how homework is impacting on the child/ family
- Discuss with the parent/s the amount of time that should be spent on homework
- Suggest a timer for homework
- Prioritise the pieces of homework
- Consider reducing or stopping homework completely